

September 2026 High School Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch is FREE for all students! Milk & Fruit Served Daily with All meals <u>Daily Choices</u> Pizza Slice Bagel Meal Salad Meal Deli Sandwich Yogurt Meal Pretzel Meal	 7	Superintendent's Conference Day 8	Superintendent's Conference Day 9	<u>Welcome Back!</u> Crispy Chicken Sandwich Sidewinder Fries Baby Carrots Fresh Fruit  10	Grilled Cheese or Hot Italian Sub Tomato Soup Baked Beans Carrots & Celery 11
	Mozzarella Sticks Seasoned Rotini Marinara Sauce  Green Beans Tossed Salad 14	Boneless Chicken Wings Corn Bread  Roasted Potatoes Veggie Sticks 15	<u>Pasta Bar</u> Meatballs, Chicken Alfredo or Marinara over Penne Garlic Bread Steamed Green Beans Caesar Salad 16	<u>Build Your Own Sub</u> Selection of Boar's Head Meats & Cheeses Orzo Salad, Veggie Sticks Chips 17	<u>National Cheeseburger Day</u>  NY Beef Burger Bacon, Cheese, or Plain or Black Bean Burger French Fries Watermelon 18
 <u>Local & Fresh</u> Look for the apple on our menu that designates a local product from NY.	Buffalo Chicken Dip w/ Tortilla Chips or  Philly Cheese Steak Veggie Sticks 21	<u>Taco Tuesday</u>  Beef Tacos w/ Rice Steamed Corn Mexican Bean Salad House Made Guac 22	Stromboli ("Calzones") Marinara Sauce Steamed Broccoli Caesar Salad 23	General Tso or Sweet & Sour Chicken Jasmine Rice Stir-Fried Vegetables Fortune Cookie 24	Waffles & Sausage or Breakfast Sandwich Hash Brown Spinach Salad Strawberry Cup 25
Boar's Head deli meats on all sandwiches!  Boar's Head	Popcorn Chicken Buttermilk Biscuit Mashed Potatoes/Gravy Steamed Corn 28	Mac & Cheese Bar Fresh Baked Bread  Assorted Toppings  Carrots & Peas 29	<u>Macho Nachos</u>  Beef & Cheese Steamed Rice, Corn Seasoned Black Beans Warm Cinnamon Churro 30		Visit linqconnect.com to add money to student accounts or complete the voluntary income survey 
All meals must have at least 1 serving of fruit and/or vegetable	  				