

October 2026 High School Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch is <u>FREE</u> for all students! Milk & Fruit Served Daily with All meals Daily Choices Pizza Slice Bagel Meal Salad Meal Deli Sandwich Yogurt Meal Pretzel Meal	 		Maple Glazed Chicken or Homemade Meatloaf Mashed Potatoes & Gravy Green Beans Dinner Roll 1	<u>OKTOBERFEST</u> Brat on Plain or Pretzel Roll or Chicken or Pork Schnitzel Pretzel Bites & Cheese Bratkartoffeln (<i>potatoes</i>) 2	
	Crispy Chicken Sandwich Roasted Potatoes Baby Carrots 5	Chicken Bacon or Caprese Melt Chef's Choice Vegetable Tossed Salad Broccoli Cheddar Soup 6	<u>Wake-up Wednesday</u> French Toast Sticks w/ Sausage Links or Breakfast Sandwich Potato Puffs Spinach Salad 7	Chicken Enchiladas or Beef Empanada Spanish Rice Seasoned Black Beans 8	Italian Dunkers Marinara Sauce or BBQ Chicken Sandwich Green Bens Caesar Salad 9
 <u>Local & Fresh</u> Look for the apple on our menu that designates a local product from NY.	No School  12	Crispy Chicken Tenders Buttermilk Biscuit Sidewinder Fries Baby Carrots 13	 <u>Pasta Bar</u> Meatballs, Chicken Alfredo or Marinara over Penne Garlic Bread Seasoned Black Beans Steamed Green Beans Caesar Salad 14	 <u>Burrito Bowl</u> Chicken Or Beef Steamed Rice, Corn Seasoned Black Beans Warm Cinnamon Churro 15	<u>Fry-Day</u> Loaded French Fries with Assorted Toppings Dinner Roll TGIF!! 16
Boar's Head deli meats on all sandwiches!  Boar's Head All meals must have at least 1 serving of fruit and/or vegetable	Bosco Cheese Seasoned Rotini Marinara Sauce Green Beans Tossed Salad 19	Grilled Cheese or BBQ Chicken Sandwich Tomato Soup Carrots & Celery 20	<u>National Apple Day</u> Apple Cider Chicken w/ Dinner Roll or Pulled Pork Sandwich Harvest Vegetables Apple Slaw 21	<u>Quesadillas</u> Steamed Corn Fluffy Brown Rice Seasoned Black Beans 22	General Tso or Sweet Thai Chili Chicken Jasmine Rice Stir-Fried Vegetables Egg Roll 23
	Popcorn Chicken Buttermilk Biscuit Mashed Potatoes/Gravy Steamed Corn 26	 <u>Burger Bar</u> Bacon, Cheese, or Plain or Black Bean Burger French Fries Baked Beans 27	Mac & Cheese Bar Fresh Baked Bread Assorted Toppings Carrots & Peas 28	Flatbread Pizza Assorted Varieties Steamed Broccoli Caesar Salad 29	<u>Happy Halloween!</u> Buffalo Chicken Dip-If-You-Dare or Philly Scream-Steak Voodoo Veggie Sticks Spooky Treat 30