

October 2026 Elementary & Middle School Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Lunch is FREE</u> for all students! Milk Only: \$1.00 Snacks/Dinks: \$1.00+ Ice Cream: \$1.25 2nd Entrée: \$2.25 Extra Side: \$1.00		Visit linqconnect.com to add money to student accounts or complete the voluntary income survey 		Crispy Chicken Tenders Dinner Roll or Turkey Sandwich  Glazed Carrots Caesar Salad 1	Cheese or Buffalo Chicken Pizza or  Philly Cheese Steak Veggies Sticks with Hummus 2
Weekly Salad: Italian with Ham, Salami, & Cheese					
<u>Daily Alternates</u> PB&J Meal Salad Meal <u>Middle School</u> Soft Pretzel & Cheese	Boneless Wings Homemade Corn Bread or Tuna Sandwich  Peas Roasted Chickpeas 5	Italian Dunkers with Marinara Sauce or Turkey Sandwich  Green Beans Baby Carrots 6	Pancakes or Bagel Sausage Links Hash Brown Spinach Salad Chilled Berries 7	Orange Chicken over Steamed Rice or Turkey Sandwich Stir-Fried Vegetables Fortune Cookie 8	Cheese or Pepperoni Pizza or BBQ Chicken Sandwich  Glazed Carrots Pepper Strips 9
Weekly Salad: Shredded Chicken w/ Assorted Vegetables, Cheese & HB Egg					
<u>Available With All Meals</u> Seasonal Fresh and/or Canned Fruit At Least 2 Vegetables Choice of Stewart's Milk	No School  12	Chicken Alfredo Fresh Baked Bread or  Egg Salad Sandwich  Peas Baby Carrots 13	Grilled Cheese or Turkey Sandwich Tomato Soup Baked Beans Carrots & Celery 14	Crispy Chicken Sandwich or Ham Sandwich  Roasted Potatoes Baby Carrots 15	Cheese or Chicken Bacon Ranch Pizza or Ham/Cheese Bagel Melt Roasted Chickpeas Caesar Salad 16
Weekly Salad: Chef with Turkey or Ham w/ Assorted Vegetables, Cheese & HB Egg					
<u>We love local!</u> We partner with a number of local farms Look for the designating local products from within New York state. Boar's Head deli meats on all sandwiches  Boar's Head	Pasta & Meat Sauce  Fresh Baked Bread or Turkey Sandwich  Green Beans Baby Carrots 19	<u>Taco Tuesday</u>  Beef Tacos w/ Rice or Ham Sandwich Steamed Corn  Mexican Bean Salad 20	French Toast Sticks w/ Sausage Links or Breakfast Sandwich Hash Brown Chilled Mango 21	 Cheeseburger or Hot Dog on a Bun Sidewinder Fries Baked Beans 22	Cheese or Pepperoni Pizza or or Ham Sandwich Roasted Chickpeas Veggie Sticks 23
Weekly Salad: Taco with Beef, Cheese & Chips					
	Popcorn Chicken Buttermilk Biscuit or  Egg Salad Sandwich Mashed Potatoes/Gravy Steamed Corn 26	Chicken Quesadilla or Buffalo Chicken Dip w/ Tortilla Chips Steamed Corn Carrots & Celery 27	Mac & Cheese w/  Buffalo or BBQ Chicken Fresh Baked Bread or Turkey Sandwich  NYS Green Peas Baby Carrots 28	 Beef & Cheese Nachos Steamed Rice or Ham Sandwich  Corn  Black Beans 29	Cheese or Buffalo Chicken Pizza or  Beef Empanada Caesar Salad Baby Carrots Halloween Treat 30
Weekly Salad - Cobb w/ Chicken, Tomato, Mozzarella, Bacon, & Hard Boiled Egg					