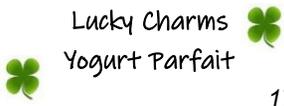


March 2026 UPK Breakfast

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast is FREE for all students!</p>  <p>All students must take 1/2 cup fruit or juice with breakfast</p> <p>Milk, juice, and fresh fruit offered daily with all meals</p>	Scooby Grahams Applesauce Milk 2	Cereal Dried Apples Milk 3	Cheez-Its Banana Milk 4	Giant Goldfish Graham Apple Slices Milk 5	Cheddar Goldfish Juice Milk 6
	Scooby Grahams Applesauce Milk 9	Cereal Dried Apples Milk 10	Cheez-Its Banana Milk 11	Giant Goldfish Graham Apple Slices Milk 12	<p>No School Supt Conference Day</p> 13
	Scooby Grahams Applesauce Milk 16	<p>St Patrick's Day</p> Lucky Charms Yogurt Parfait  17	Cheez-Its Banana Milk 18	Giant Goldfish Graham Apple Slices Milk 19	Cheddar Goldfish Juice Milk 20
	Scooby Grahams Applesauce Milk 23	Cereal Dried Apples Milk 24	Cheez-Its Banana Milk 25	Giant Goldfish Graham Apple Slices Milk 26	Cheddar Goldfish Juice Milk 27
	Scooby Grahams Applesauce Milk 30	Cereal Dried Apples Milk 31			

March is National Nutrition Month!

Celebrate local farms by eating school meals!



We source products from New York State whenever possible. Local food is fresher, better for the environment, and full of flavor and nutrition! Look for the apple to find products locally grown/produced within New York State.



Local farms we support:
Daegle Brothers Produce (Florida, NY)
Thomas Poultry (Schuylerville)
Old Saratoga Mercantile (Schuylerville)
Kilcoyne Farms (Hudson Falls)



Any many more sourced through Comfort Food Community (Greenwich)