

















## February 2026 UPK Lunch Menu

|  | Monday  | Tuesday  | Wednesday   | Thursday   | Friday  |
|--|---|--|---|--|---|
| <p><b>Lunch is FREE</b><br/>for all students!</p>  <p><b>Alternates</b><br/>PB&amp;J Meal<br/>Mondays/Wednesdays</p> <p><b>Available With All Meals</b><br/>Seasonal Fresh and/or<br/>Canned Fruit<br/>Stewart's White Milk</p> <p><b>We love local!</b><br/>We partner with a<br/>number of local farms<br/>Look for the <br/>designating local<br/>products from within<br/>New York state.</p> <p><b>Boar's Head</b><br/>deli meats on<br/>all sandwiches<br/><br/>Boar's Head</p> | <p>Boneless Chicken Wings<br/>Homemade Cornbread<br/><b>or</b><br/>Tuna Sandwich<br/>Sidewinder Fries</p> <p>2</p>  | <p>Waffles with Sausage<br/><b>or</b><br/>Breakfast Wrap<br/>Hash Brown Patty</p> <p>3</p>   | <p>Grilled Cheese<br/><b>or</b><br/>Pulled Pork Sandwich<br/>Baked Beans<br/>Red Pepper Strips</p> <p>4</p>   | <p><b>Try It Thursday</b><br/>Bosco Cheese Sticks<br/>Marinara Sauce <b>or</b><br/>Turkey Sandwich<br/><i>Roasted Asparagus</i><br/></p> <p>5</p> | <p><b>Superbowl Weekend</b><br/> Cheese Pizza<br/><b>or</b><br/>Buffalo Chicken Dip w/<br/>Tortilla Chips<br/>Veggie Sticks </p> <p>6</p> |
|  | <p>Crispy Chicken Sandwich<br/><b>or</b><br/> Egg Salad Sandwich<br/> Roasted Potatoes</p> <p>9</p> | <p>Pasta with Meat Sauce <br/>Fresh Baked Bread<br/><b>or</b><br/>Turkey Sandwich<br/> NYS Green Beans</p> <p>10</p> | <p>Italian Dunkers<br/>Marinara Sauce<br/><b>or</b><br/>Ham Sandwich<br/> NYS Green Peas</p> <p>11</p> | <p> Cheeseburger<br/><b>or</b><br/>Hot Dog on a Bun<br/>French Fries</p> <p>12</p>  | <p>Cheese Pizza<br/><b>or</b><br/> BBQ Chicken Sandwich<br/> Assorted Vegetables</p> <p>13</p>  |
|  | <div>  <p><u>Mid-winter Recess</u></p>  </div>  |  |   |  |   |
|  | <p>Popcorn Chicken<br/>Buttermilk Biscuit<br/><b>or</b><br/>Ham Sandwich<br/>Mashed Potatoes/Gravy<br/>Steamed Corn</p> <p>23</p>   | <p>Chicken Alfredo over<br/>Penne Pasta<br/>Fresh Baked Bread<br/><b>or</b><br/>Turkey Sandwich<br/>Baby Carrots</p> <p>24</p>   | <p><b>Brunch for Lunch</b><br/>Homemade Pancakes<br/><b>or</b> Toasted Bagel<br/>Sausage Link<br/>Hash Brown</p> <p>25</p>  | <p>Nachos with<br/>Beef &amp; Cheese Sauce<br/>Steamed Rice<br/><b>or</b><br/>Turkey Sandwich<br/>Steamed Corn</p> <p>26</p>   | <p>Cheese Pizza<br/><b>or</b><br/>Chicken Bacon<br/>Ranch Wrap<br/>Caesar Salad</p> <p>27</p>   |