


## September 2025 High School Breakfast Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast is <u>FREE</u> for all students!</b>  <b>Milk &amp; fresh or canned fruit served daily with breakfast</b>  <u><b>Daily Choices</b></u> Muffins Bagels Seasonal Breads Cereal Yogurt  <b>All meals must have at least 1 serving of fruit and/or juice</b>	 1	<b>SUPERINTENDENT'S CONFERENCE DAY</b> 2	<b>SUPERINTENDENT'S CONFERENCE DAY</b> 3	Toasted Bagel & Cream Cheese 4	Cinnamon Rolls 5
	Waffles 8	Assorted Breakfast Sandwiches 9	Lemon Blueberry French Toast 10	Scrambled Eggs w/ Sausage or Bacon 11	Fried Egg Basket w/ Sausage or Bacon 12
	French Toast Sticks 15	Assorted Breakfast Sandwiches 16	Egg Muffin Bites 17	Breakfast Burrito 18	Homemade Smoothie & Graham Crackers 19
	Glazed Donuts 22	Assorted Breakfast Sandwiches 23	Yogurt Bar 24	Scrambled Eggs w/ Sausage or Bacon 25	Waffle Bar 26
	French Toast Sticks 27	Assorted Breakfast Sandwiches 	Breakfast is available every day before school starting at 7:30		
			