
























September 2025 Elementary & Middle School Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Lunch is FREE for all students!</p> <p>Milk: \$1.00 Snacks/Dinks: \$1.00+</p>	 1	<p>Superintendent's Conference Day</p> 2	<p>Superintendent's Conference Day</p> 3	<p>Welcome Back! Popcorn Chicken Buttermilk Biscuit Mashed Potatoes/Gravy Steamed Corn</p> 4	<p>Cheese or Pepperoni Pizza  Caesar Salad Broccoli</p> 5
Weekly Salad: Chef with Ham, Hard Boiled Egg & Cheese					
<p>Daily Alternates Deli Sandwich (<i>turkey, ham, tuna/egg salad</i>) PB&J Meal Salad Meal Pretzel Meal (grades 6-8)</p> 8	<p>Boneless Chicken Wings Homemade Cornbread French Fries Carrots & Celery</p> 8	<p>Italian Dunkers Marinara Sauce  NYS Green Beans Baby Carrots</p> 9	<p>Waffles with Sausage or Bacon Egg & Cheese on a Bagel Rainbow Potato Medley  NY Grape Juice</p> 10	<p> Cheeseburger or Hot Dog on a Bun Baked Beans  Roasted Potatoes  Watermelon</p> 11	<p>Cheese or Chicken Bacon Ranch Pizza or Ham/Cheese Bagel Melt  Veggie Sticks w/ Dip</p> 12
Weekly Salad: Crispy Chicken Hard Boiled Egg & with Assorted Vegetables					
<p>Available With All Meals Seasonal Fresh and/or Canned Fruit At Least 2 Vegetables Choice of Stewart's Milk</p> 15	<p>Pasta & Meat Sauce  Fresh Baked Bread  NYS Green Beans Baby Carrots</p> 15	<p>National Guacamole Day  Beef Tacos Steamed Rice, Corn Mexican Bean Salad  Homemade Guacamole</p> 16	<p>Mozzarella Sticks Seasoned Rotini Marinara Sauce Broccoli</p> 17	<p>Crispy Chicken Sandwich w/ Secret Sauce  Roasted Potatoes Baby Carrots</p> 18	<p>Cheese or Pepperoni Pizza or Meatball Sub Caesar Salad Baby Carrots</p> 19
Weekly Salad: Chef with Turkey, Hard Boiled Egg & Cheese					
<p>We love local! We partner with a number of local farms Look for the  designating local products from within New York state.</p> 22	<p>Macaroni & Cheese  Sausage Links Fresh Baked Bread  NYS Green Peas Baby Carrots</p> 22	<p> Beef & Cheese Nachos Steamed Rice Corn Refried Beans Assorted Toppings</p> 23	<p>Popcorn Chicken Buttermilk Biscuit Mashed Potatoes/Gravy Steamed Corn  NYS Kale Chips</p> 24	<p>French Toast or Bagel w/ Cream Cheese Sausage Links Hash Brown Spinach Salad</p> 25	<p>Cheese or Pepperoni Pizza or  Buffalo Chicken Dip w/ Tortilla Chips Veggie Sticks w/ Dip</p> 26
Weekly Salad: Crispy Chicken Hard Boiled Egg & with Assorted Vegetables					
<p>Boar's Head deli meats on all sandwiches  Boar's Head</p> 29	<p>Crispy Chicken Tenders w/ Secret Sauce Homemade Cornbread French Fries Baby Carrots</p> 29	<p>Grilled Cheese Tomato Soup Baked Beans Carrots & Celery</p> 30	<p>Proudly serving local New York State beef from Hudson Falls, NY </p>	<p>Only whole muscle chicken products with no added soy or fillers! </p>	<p>Visit linqconnect.com to add money to student accounts or complete the voluntary income survey </p>
Weekly Salad - Cobb w/ Chicken, Tomato, Mozzarella, Bacon, & Hard Boiled Egg					