






September 2024 Elementary & Middle School Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Lunch is FREE for all students!</p> <p>Milk: \$1.00 Snacks/Dinks: \$1.00+ 2nd Entrée: \$2.00</p>	 2	<p>Superintendent's Conference Day</p> 3	<p>Superintendent's Conference Day</p> 4	<p>Welcome Back! Popcorn Chicken w/ Biscuit or Turkey Sandwich Mashed Potatoes/Gravy Steamed Corn</p> 5	<p>Homemade Pizza or 🍏 Chicken Bacon Ranch Wrap 🍏 Caesar Salad</p> 6
Weekly Salad: Chef with Ham, Hard Boiled Egg & Cheese					
<p>Daily Alternates</p> <p>PB&J Meal Salad Meal Pretzel Meal</p>	<p>Boneless Chicken Wings Homemade Cornbread or Ham Sandwich French Fries Baby Carrots</p> 9	<p>🍏 Beef Tacos Steamed Rice or Turkey Sandwich Corn, Bean Salad Assorted Toppings 🍏</p> 10	<p>Waffles with Sausage or Sausage, Egg & Cheese Rainbow Potatoes NY Concord Grape Juice</p> 11	<p>🍏 Cheeseburger or Hot Dog on a Bun Cole Slaw 🍏 BJ's Corn 🍏 Watermelon</p> 12	<p>Homemade Pizza or Chicken Caesar Wrap Veggie Sticks w/ Dip 🍏 NY Grape Slushie</p> 13
Weekly Salad: Crispy Chicken Hard Boiled Egg & with Assorted Vegetables					
<p>Available With All Meals</p> <p>Seasonal Fresh and/or Canned Fruit At Least 2 Vegetables Choice of Stewart's Milk</p>	<p>Pasta & Meat Sauce 🍏 Fresh Baked Bread or Egg Salad Sandwich 🍏 Garden Green Peas Caesar Salad</p> 16	<p>Mozzarella Sticks Seasoned Rotini Marinara Sauce or Ham Sandwich Garden Green Peas 🍏 Kale Chips</p> 17	<p>Crispy Chicken Sandwich or 🍏 Turkey Sandwich Roasted Potatoes Baby Carrots</p> 18	<p>Grilled Cheese or Ham/Cheese Bagel Melt Tomato Soup Baked Beans</p> 19	<p>Homemade Pizza or Meatball Sub Caesar Salad Baby Carrots</p> 20
Weekly Salad: Chef with Turkey, Hard Boiled Egg & Cheese					
<p>We love local!</p> <p>We partner with a number of local farms Look for the 🍏 designating local products from within New York state.</p>	<p>Macaroni & Cheese 🍏 Fresh Baked Bread or Ham Sandwich Garden Green Peas Baby Carrots</p> 23	<p>Beef & Cheese Nachos Steamed Rice or Turkey Sandwich Corn, Refried Beans Assorted Toppings</p> 24	<p>Italian Dunkers Marinara Sauce or Tuna Sandwich Steamed Green Beans 🍏 Baby Carrots</p> 25	<p>French Toast or Bagel w/ Cream Cheese Sausage Links Hash Brown Spinach Salad 🍏</p> 26	<p>Homemade Pizza or Buffalo Chicken Dip w/ Tortilla Chips Veggie Sticks w/ Dip</p> 27
Weekly Salad: Crispy Chicken Hard Boiled Egg & with Assorted Vegetables					
<p>Chicken Tenders Fresh Baked Bread or Turkey Sandwich Mashed Potatoes/Gravy Steamed Corn</p> 30	<p>Now serving Boar's Head deli meats on all sandwiches!</p>  Boar's Head	<p>Proudly serving New York State beef from Hudson Falls, NY</p> 	<p>Only whole muscle chicken products with no added soy or fillers!</p> 	<p>Visit linqconnect.com to add money to student accounts or complete the voluntary income survey</p> 	
Weekly Salad - Cobb w/ Chicken, Tomato, Mozzarella, Bacon, & Hard Boiled Egg					