



## October 2024 High School Breakfast Menu

<p><b>Breakfast is <u>FREE</u> for all students!</b></p> <p><b>Milk &amp; fresh or canned fruit served daily with breakfast</b></p> <p><b><u>Daily Choices</u></b>  Muffins  Bagels  Seasonal Breads  Cereal  Yogurt Parfait</p>  <p><b>All meals must have at least 1 serving of fruit and/or juice</b></p>	<p>OCTOBER IS  NATIONAL  FARM TO SCHOOL  MONTH!</p>	<p>Assorted Breakfast  Sandwiches  1</p>	<p>Fried Egg Basket  w/ Sausage or Bacon  2</p>	<p>Homemade Smoothie  &amp; Graham Crackers  3</p>	<p>Chef's Choice  4</p>
	<p>Waffles  7</p>	<p>Assorted Breakfast  Sandwiches  8</p>	<p>Breakfast Roll-Up  9</p>	<p>Cinnamon Rolls  10</p>	<p>Chef's Choice  11</p>
	<p>  <b>No School</b>  14</p>	<p>French Toast Sticks  15</p>	<p>Assorted Breakfast  Sandwiches  16</p>	<p>Homemade Smoothie  &amp; Graham Crackers  17</p>	<p>Chef's Choice  18</p>
	<p>Waffles  21</p>	<p>Assorted Breakfast  Sandwiches  22</p>	<p>Glazed Donut  23</p>	<p>Egg Muffin Bites  24</p>	<p>Chef's Choice  25</p>
	<p>French Toast Sticks  28</p>	<p>Assorted Breakfast  Sandwiches  29</p>	<p>Fried Egg Basket  w/ Sausage or Bacon  30</p>	<p>Homemade Smoothie  &amp; Graham Crackers  31</p>	