# SCHUYLERVILLE CENTRAL SCHOOL GUIDANCE PLAN GRADES K-5

The K-5 Guidance plan strives to meet the New York State regulations. In addition The National Standards for School Counseling Programs are referenced throughout this plan. This plan is carefully designed to focus on what students should know, comprehend, and be able to demonstrate to enhance their development. The plan addresses the academic, career and social goals of each student.

**Program Description: Individual Counseling** 

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
Counseling for students	Kindergarten-	Counselor	Games,	Students will be taught skills
with mandated IEP	Grade 5		Activities,	to help them be successful in
counseling as well as non		Time - As needed	Books,	school (e.g. social skills
identified students			Art Materials,	training, effective strategies
1			Music,	for interacting with peers and
1			Video Clips	adults, discussion of safety
				issues, gain better
			1	understanding of self.)
				Academic Development
				(Standard C)
				Personal / Social
		1		Development (Standard
		1		A,B,C)
				Meets state regs.

**Program Description: Small Group Counseling** 

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
Group Counseling/support Groups for issues such as, but not limited to social, behavioral, emotional concerns	Sub Group	Counselor September- Jun e  30 Minutes per group	Games book, Activities, Art Supplies, Music, Video Clips	Students learn and practice skills to help them manage emotions, interact with peers and others, and set and reach goals as well as monitor progress  Personal/Social Development (Standard A,C)
				Academic Development (Standard A)  Meet State Regs.

Program Description: Liaison/Referral Resource to Outside Agencies

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
Conferences, Phone	Kindergarten -	Counselor		Promotes health, safety
Consultation with agencies	Grade 5	Psychologist		and wellness of students
such as Child Protective		Nurse		by communicating and
Services, Therapists,				coordinating with outside
Physicians' Offices.		Time - As needed		agencies.
				Academic Development  Personal / Social  Development  Meets state regs.

**Program Description: Grade 5 Transition** 

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
Guidance Lessons		ES and MS Counselors, ES and	Parent Letters	Students will become
	and Parents	MS Teachers, ES and MS		acclimated with middle
Middle School		Administrators	Parent Informational	school building and
Visitation for			Packet	teachers. Parents will
Students				receive information to help
		Time - (April, May, June,		their child adjust to
Parent Night		September)		middle level.
Activity Night				Academic Development
				Personal / Social
				<u>Development</u>
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**Program Description: Consultation** 

1. Activities	2. Target Group or	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
	Sub Group			
Conferences about	Kindergarten -	Counselor	Phone conversations	Student connectedness
students.	Grade 5	1		and success will be
1		Psychologist	E-mail correspondence	increased due to
With parents, faculty, aides,				communications between
and/or administrators for the		1	One-on one meetings	and among home and
purpose of		1		school.
increasing student success		1	1	1
and school connectedness.			1	Academic Development
				(A, C)
				Personal / Social
		I	1	
			1	Development (A)
		1	1	Meets state regs
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**Program Description: Parent Communication** 

1. Activities	2. Target Group or	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
	Sub Group			
Phone calls	Kindergarten -	Counselor Alone		Students will have the
Conferences	Grade 5			support of home and
Emails		Counselor with Team that works		school working together
		with that particular student.		for the purpose of
				optimal learning
		TIME: Year Round		Academic Development (A)
				Meets state regs.

**Program Description: DASA Coordinator** 

1. Activities	2. Target Group or	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
	Sub Group			
Conferences, Phone Consultation	Kindergarten -	Principal		Promotes health, safety
with agencies such as Child	Grade 5			and wellness of students
Protective Services, Therapists,		Counselor		by communicating a bullying
Physicians' Offices.				free environment.
		TIME: As needed		
				Meets State Regulations
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**Program Description: Bucket Filler Program** 

1. Activities	2. Target Group or	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
	Sub Group			
Teachers read, "Have You Filled	Kindergarten -	Counselor	Nomination Slips	Students will be presented with
a Bucket Today?	Grade 5	Building Staff		formal certificates demonstrated
By: Carol McCloud		Students	Certificates	by doing a good deed.
Staff and students can			Reward Incentive	Names are announced on
nominate students who they		I		the loud speaker on Friday.
see filling someone's bucket.		1		1
They can also nominate				They get their picture taken and
someone who fills their bucket.				it is published on the school
				website.
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Program Description: Instructional Support Team (IST)

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
Monthly Team Meetings	Kindergarten -	Counselor	Agenda created and sent to staff	Committee will brainstorm
1 Full Day	Grade 5	Principal		academic interventions that
		Psychologist	Outside information provided	help struggling learners in the
Teachers submit student		Speech Language Pathologist	parents, Doctors, Psychologists,	classroom.
referrals to the committee for	1	Regular Education Teacher	Social Workers, Therapists, etc.	We will also discuss if
review.		Academic Intervention Teacher		observations and/or evaluations
			Handouts, informative websites,	are needed by related service
l .	İ		and instructional tips provided.	providers (i.e., speech, OT, PT,
				and counseling).
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**Program Description: Backpack Program** 

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
A program created by counselor	Kindergarten -	Counselor	Purchase of BackPacks	Students will receive food for
and joined effort by our local	Grade 5	Staff	Food Pantry Fliers	the weekend on Friday in a
food pantry (S.A.F.E.R.).				BackPack.
			Informational letters home to	
1			parents/families.	1
A backpack of food will go home				1
to those children in need of food				1
for the weekend.				1
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**Program Description: Effective Schools Team** 

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
Monthly Committee Meetings	Kindergarten -	Counselor	Attend Sub Committees	Developing new and creative
before school.	Grade 5	Teachers		ways to improve the elementary
		Staff member	Information to staff via flyers,	school.
		Parents	emails, etc.	
		Principal		Ideas presented to improve the
	1	1		needs of all students.
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**Program Description: Therapeutic Crisis Intervention For Schools (TCIS)** 

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
Train the Trainer for the	Kindergarten - 12	Counselor	Board Room	It assists schools in preventing
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School District	Teaching Staff	6-8 Counselor	Projector/smart Board	high-risk and disruptive crisis
			Exercise Mats	behaviors from occurring, de-
Crisis prevention and	Educational Aides			escalating potential crises,
Intervention model for Schools.		TIME: As needed		managing acute physical
1	Administrators		1	behaviors, reducing potential
			1	and actual injury to students and
•		1	1	staff, teaching students positive
				coping skills, and helping to
				create learning organizations.
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				It provides schools with a model
				for eliminating the need for
				physical interventions by putting
1			1	in place a system to promote
				learning and reflective practice.

**Program Description: PATHS (Promoting Alternative Thinking Strategies)** 

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
PATHS is used to improve	Kindergarten	Counselor	Letter home to parents.	Lessons from the PATHS
students social and emotional				program are also correlated
skills by focusing on self-			Permission slip sign for	to Common Core State
control, emotional			student participation.	Standards for ELA and
understanding, positive				American School Counselor
self-esteem, relationships,			!	Association Standards.
and interpersonal problem-			l	
solving skills.		ľ		1
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**Program Description: Parent Teacher Conferences** 

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
	Kindergarten - Grade 5		Student grades and student progress information.	Parent communication will be enhanced to assure student success.

**Program Description: Open House** 

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
To provide parents/guardians	Kindergarten -	Counselor		Communication between
information regarding any	Grade 5			school and home is enhanced,
social, emotional, or				
academic supports that their		TIME: September evening		for students.
child may need.				
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**Program Description: IEP/504 Meetings** 

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
Special Education students and students with 504 plans and their parents will receive up-dated information on yearly progress made and plans for the upcoming school year.	Kindergarten - Grade 5	Counselor Director of Special Education, School Psychologist, parents, regular education teacher, special education teacher, related service providers.  TIME: Annually	Student file, Data supporting recommendations,	Students will be placed in, or remain in, an appropriate program with appropriate accommodations.

**Program Description: Crisis Intervention/Evaluation** 

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
To provide students in emotional distress with an	Kindergarten - Grade 5	Counselor		Crisis situation will be diffused. Student will be able
immediate intervention.	Grade 3			to return to classroom.
Provide appropriate		TIME: Year-round		Appropriate referral to
interventions including				outside agencies for follow up
notification to students'				as necessary.
parents.				
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**Program Description: Attendance/Behavioral Issues** 

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
Parents/guardians need information on their child's attendance and behavior in school. OBJECTIVE: Students so needing will increase their academic performance, attendance, and behavior in school. Activity: Referrals made to the principal, psychologist, or counselor by the teacher. Counselor will get written permission from the parent to meet with the student. These	Sub Group Kindergarten -		-	Students will improve attendance, behavior and academic performance.
concerns are addressed with the parents.				

**Program Description: RTIM Progress Reporting** 

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
	Kindergarten - Grade 5	Counselor		Keeping track of student's progress or lack there of, through collecting data in RTIM. (IEP Direct)

**Program Description: Home Visits** 

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
Principal and counselor make home visits to	Kindergarten - Grade 5	Counselor	Bring supplies, food, or documents to a family.	Collaborate on ways to help the student meet their needs.
insure student safety or help families in need.			Check on students for poor attendance.	
			attendance.	