


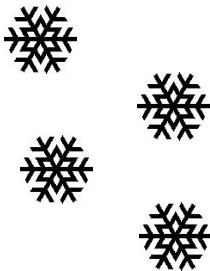
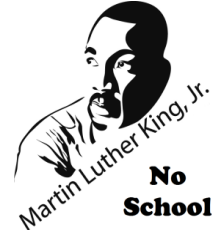





## January 2024 UPK Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch: FREE Milk \$.60	 1	No SCHOOL 2	Boneless Chicken Wings (plain w/ ketchup/BBQ) Homemade Corn Bread or Tuna Sandwich Smile Fries 3	Yogurt w/ Granola Bar & String Cheese or Chicken Caesar Wrap Green Beans 4	Cheese Pizza or Meatball Sub Veggie Sticks 5
Weekly Salad: Crispy Chicken with Assorted Vegetables					
Included Daily Seasonal Fresh and/or Canned Fruit Stewart's White Milk	 Chicken Tenders Baked Bread or Egg Salad Sandwich Baby Carrots 8	Homemade Pancakes or Bagel w/ Cream Cheese Sausage Patties Potato Puffs 9	Nachos w/ NY Beef  & Cheese Sauce Fluffy Brown Rice or Ham Sandwich Steamed Corn 10	National Milk Day Cheesy Lasagna Roll-up Garlic Bread or Yogurt Meal Green Beans 11	Cheese Pizza or Chicken Bacon Ranch Wrap Roasted Chickpeas 12
Weekly Salad: Chef with Ham, Hard Boiled Egg & Cheese					
	 15	Mozzarella Sticks or "Imposter" Vegan Mozzarella Sticks w/ Seasoned Rotini or Turkey Sandwich Broccoli 16	Crispy Chicken Sandwich or Ham Sandwich Baby Carrots 17	SUPER SUB Boar's Head Turkey on Homemade Bread or Yogurt Meal Veggie Sticks 18	National Popcorn Day  Cheese Pizza or Cheeseburger Veggie Sticks Cheddar Popcorn 19
Weekly Salad - Cobb w/ Chicken, Tomato, Mozzarella, Bacon, & Hard Boiled Egg					
We Love Local! Look for the apples on the menu designating local products 	Macaroni & Cheese Baked Bread or Egg Salad Sandwich Garden Green Peas 22	Texas French Toast or Bagel w/ CC Scrambled Eggs Hash Brown 23	Grilled Cheese or Ham & Cheese Bagel Melt Baked Beans 24	Beef Tacos Steamed Rice or Turkey Sandwich Steamed Corn 25	Cheese Pizza or Chicken Caesar Wrap Veggie Sticks 26
Weekly Salad: Crispy Chicken with Assorted Vegetables					
	Boneless Chicken Wings with Baked Bread or Egg Salad Sandwich Mashed Potatoes 29	Penne with Meat Sauce Baked Bread or Turkey Sandwich Green Beans 30	National Hot Chocolate Day Waffles with Sausage or Yogurt Meal Potato Puffs Chocolate Milk 31	National Hot Chocolate Day UPK will get a treat of Stewart's chocolate milk with lunch on January 31st!	
Weekly Salad: Chef with Ham, Hard Boiled Egg & Cheese					