



October 2023 Elementary & Middle School Breakfast Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Meal: \$1.75 Milk \$.60	French Toast Sticks 2	Cinnamon Rolls 3	Egg & Cheese on English Muffin 4	Yogurt with Homemade Muffin 5	Bagel w/ Cream Cheese 6
Choice of Cereal & Toast available daily	No School  9	Hard Boiled Eggs with Sausage & Toast 10	Glazed Donut 11	Fresh Smoothie w/ Grahams or Toast 12	Waffles 13
All students must take 1/2 cup fruit or juice with breakfast	French Toast Sticks 16	Streusel Coffee Cake w/ Hot Apple Slices 17	Yogurt with Homemade Muffin 18	Sausage, Egg & Cheese on an English Muffin 19	Bagel w/ Cream Cheese 20
Milk, juice, and fresh fruit offered daily	Hard Boiled Eggs with Sausage & Toast 23	Cinnamon Rolls 24	Pancakes 25	Fresh Smoothie w/ Grahams or Toast 26	Waffles 27
	Egg & Cheese on English Muffin 30	Whole Grain Donut Holes 31	Visit the LINQ portal at linqconnect.com or download the LINQ app to monitor student purchases, deposit funds, set up automatic payments or low balance reminders, and apply for free/reduced price meals. You can still send cash/check in with your student but please be sure it is labeled clearly with their name.		

OCTOBER IS NATIONAL FARM TO SCHOOL MONTH!

October is a celebration of all the fruits, vegetables, meat, and dairy products sourced from local farms throughout the school year to nourish Schuylerville students.

We are proud of our partnerships with the following local farms and companies:

BJ Farms (Greenwich)

Thomas Poultry (Schuylerville)

Old Saratoga Mercantile (Schuylerville)

Kilcoyne Farms (Hudson Falls)

Stewarts Shops (Saratoga Springs)

Upstate Farms (Buffalo)

AC Freshco Produce (Green Island)

Comfort Food Community Food Hub (Greenwich) *And more!*

