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	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Meal: \$2.75 Doubles: \$1.50 Milk: \$0.60 Snacks: \$1.00 + Ice Cream: \$1.00 + Water: \$1.00 Drinks: \$1.00 +	General Tso's or Orange Chicken Jasmine Rice Stir-fried Vegetables 2	Soft or Crunchy Tacos Brown Rice Steamed Corn Mexican Bean Salad Assorted Toppings 3	Texas French Toast  Scrambled Eggs or Sausage, Egg & Cheese Potato Puffs Baby Carrots 4	Boneless Wings Buffalo, BBQ, or Garlic Parmesan Buttermilk Biscuit French Fries Carrots & Celery 5	Flatbread Pizza Assorted Varieties Steamed Broccoli Caesar Salad 6
	NEW Weekly Salad Special: Asian Mandarin Orange Chicken				
Milk & fresh or canned fruit served daily with lunch	No School  9	Macho Nachos Fluffy Brown Rice Black Beans & Corn Assorted Toppings  Mexican Quinoa Salad 10	Chicken Nuggets Homemade Cornbread  Roasted NY Potatoes  Harvest Chopped Salad Roasted Chickpeas 11	Pasta Bar Penne w/ choice of Chicken Alfredo or Meatballs w/ Marinara Broccoli, Garlic Bread Caesar Salad 12	Mozzarella Sticks Seasoned Rotini Marinara Sauce  Green Beans Garden Salad 13
	Weekly Salad Special: Antipasta w/ roasted red pepper, olives, artichoke, banana pepper, olives, tomato & Italian meats				
Daily Choices Pizza Slice  Bagel Meal  Salad Meal Deli Sandwich	Crispy Chicken Sandwich  NY Green Beans  Roasted NY Potatoes 16	Mac & Cheese Bar w/ Pulled Pork or Buffalo Chicken Assorted Toppings Dinner Roll  Carrots & Peas 17	Build Your Own Sub Selection of Boar's Head Meats & Cheeses Homemade Soup Orzo Salad Veggie Sticks 18	Pancakes & Sausage Links or Sausage, Egg & Cheese Potato Puffs  Spinach Salad 19	Oktoberfest Burger or Sausage on a Pretzel Roll Pierogies  German Potato Salad  Brussels Sprouts 20
	Weekly Salad Special: Southwest w/ tomato, olives, corn, chicken & shredded cheddar				
Local & Fresh October is National Farm to School Month! Look for the apple that designates local products. 	Quesadillas Chicken, Cheese, Veggie or Beef Spanish Rice Corn, Black Beans 23	Popcorn Chicken Baked Bread Mashed Potatoes Gravy Steamed Corn 24	Calzones Ham, Cheese, Broccoli or Pepperoni Fresh Marinara Sauce  NY Green Beans  Caesar Salad 25	SUPER SUB Italian or Shaved Turkey on Homemade Bread or Meatball Sub Chicken Noodle Soup Veggie Sticks 26	Buffalo Chicken Dip with Tortilla Chips or Chicken Caesar Wrap Carrots & Celery Mixed Green Salad 27
	Weekly Salad Special: Cobb w/ Chicken, Tomato, Avocado, Bacon, Hard Boiled Egg & Mozzarella				
Now seving Boar's Head deli meats on all sandwiches!  Boar's Head	Sweet Thai or BBQ Teriyaki Chicken Jasmine Rice Stir-Fred Vegetables 30	Happy Halloween WALKING DEAD TACOS  Brown Rice, Corn Mexican Bean Salad 31	October is National Farm to School Month! This year the distriact began purchasing grass fed ground beef and hamburgers from Kilkoynne Farms in Hudson Falls, NY. Fresh fruits and vegetables are also sourced locally whenever possible, and milk is delivered fresh from Stewart's Shops in Saratoga Springs!		
	Weekly Salad Special: Asian Mandarin Orange Chicken				

October is National Pizza Month! Weekly specials:

10/2 - BBQ Chicken 10/10 - Taco 10/16 - Chicken Bacon Ranch 10/23 - Margherita 10/30 - Meat Lovers