








## June 2023 Elementary & Middle School Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>2022-23 Prices</u> Lunch: \$2.65 Milk \$.60 2nd Entrée \$1.50 Snacks: \$0.75 Ice Cream: \$1.00 Water/Juice: \$1.00	<b>FREE FRIDAYS</b> Breakfast and lunch are FREE every Friday for the remainder of the 2022-23 school year!	<b>Field Day is June 15th!</b> Parents are invited to join their child for a picnic lunch. Students eat free and guests are \$5 (inc tax) <b>Grades K-2:</b> Events 9:30-10:30, Lunch/Music 10:30-11:15 <b>Grades 3-5:</b> Events 11:00-12:30, Lunch/Music 12:30-1:15	Cheese or BBQ Chicken Pizza <b>or</b> BBQ Chicken Sandwich Steamed Broccoli Cucumber Coins 1	<b>FREE FRIDAY</b> Macaroni & Cheese with Fish Sticks <b>or</b> Ham & Cheese Sandwich Garden Green Peas Roasted Chickpeas 2	
Weekly Salad - Ham & Assorted Vegetables					
<u>Included Daily</u> Seasonal Fresh and/or Canned Fruit  Choice of 1% White or Chocolate Milk	Chicken Alfredo over Penne Pasta with Baked Bread <b>or</b> <i>Annelise's Cheesy Chicken Garlic Bread</i> Green Beans Caesar Salad 5	Grilled Cheese <b>or</b> Pulled Pork Sandwich Tomato Soup w/ Saltines Baked Beans Carrots & Celery 6	Chicken Quesadilla <b>or</b>  Egg Salad Sandwich Steamed Corn Seasoned Black Beans Fruit Crisp 7	<b>SUPER SUB</b> Italian or Shaved Turkey on Homemade Bread <b>or</b> Yogurt, Granola Bar & String Cheese Baked Chips Veggie Sticks 8	<b>FREE FRIDAY</b> Cheese or Pepperoni Pizza <b>or</b> Hummus Meal with Pretzels & Cheese Glazed Carrots Caesar Salad 9
Weekly Salad - Cobb w/ Chicken, Tomato, Mozzarella, Bacon, & Hard Boiled Egg					
<u>Daily Alternates:</u> PBJ Meal Salad Meal  Soft Pretzel w/ Cheese available for middle school	Chicken Nuggets Corn Bread <b>or</b>  Egg Salad Sandwich  Potato Wedges Green Beans 12	Nachos with Beef  & Cheese Sauce Fluffy Brown Rice <b>or</b> Ham & Cheese Sandwich Refried Beans & Corn 13	Waffles <b>or</b> Bagel with Cream Cheese Scrambled Eggs Potato Puffs Baby Carrots 14	<b>K-5 FIELD DAY</b> <u>Lunch is free for students!</u> Cheeseburger or Hot Dog Carrots, Cole Slaw Baked Chips, Watermelon <b>Grape Slushie</b> 15	<b>FREE FRIDAY</b> Cheese or Pepperoni Pizza <b>or</b> Ham, Egg & Cheese on an English Muffin Steamed Broccoli Veggie Sticks 16
Weekly Salad - Chicken & Assorted Vegetables					
<u>We Love Local!</u> Look for the apples on the menu designating local products  	<b>Juneteenth</b>  <b>No School</b>  19	Soft or Crunchy Tacos w/ <b>SEASONED CHICKEN</b> Fluffy Brown Rice <b>or</b> Boar's Head Turkey Sandwich Steamed Corn, Black Beans 20	Chicken Patty on a Bun <b>or</b>  Egg Salad Sandwich  Potato Wedges Glazed Carrots 21	Cheese or Pepperoni Pizza <b>or</b> <b>or</b> Ham/Cheese Sandwich Assorted Fruit & Veggies 22	<b>LAST DAY OF SCHOOL</b> <b>Bagged Lunch Available</b> PB&J Sandwich String Cheese Assorted Fruit & Veggies 23
Weekly Salad - Ham & Assorted Vegetables					