Lady Horses:
Be an ATHLETE Camp

This camp is designed to introduce girls to some of the various sports offerings at Schuylerville, as well as enhance skill development. The camp is designed to promote the idea of being a multi-sport athlete. Specific instruction will be offered in field hockey, basketball, and girls' lacrosse. Additional instruction will include running mechanics, speed and agility development, and fun team-building activities. Equipment will be provided if athletes do not have their own. Coach Lloyd and Coach LaBombard (Varsity Field Hockey and Girls Lacrosse coaches) will facilitate activities and instruction with the assistance of Varsity Players and SCS '22 Alumna Coaches- Eliza Barton, Sadie Tavares and Maggie Schwartz.

Eliza Barton- St. Rose Lacrosse

Sadie Tavares- Vanderbilt Club Lacrosse

Maggie Schwartz- Castleton Field Hockey

*Who: Girls going into **grades 2-8** (2023-24 school year)*
*When: **Jun 26-June 29th**, 2023 (M-Th) **9AM-12PM***
Where: SCS turf field and MS gym
*Cost: **$75** Checks made payable to: **SCS Varsity Club***
Proceeds benefit the Field Hockey and Girls' Lacrosse programs.

(please return this portion with **$75** payment made out to **SCS Varsity Club** to the **Elementary or Middle School main office <u>by May 26th!</u>**)

Athletes name: _____ *2022-23 Grade Level:* _____

Pinnie Size Women's (circle): *XXS/XS* *S/M* *L/XL*

Parent's signature: _____ *Phone Number:* _____

Please include any important medical information: