

March 2023 High School Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Meal: \$2.75 Doubles: \$1.50 Milk: \$0.60 Snacks: \$0.75 + Drinks: \$1.00 +	Visit the Titan Family Portal at www.family.titank12.com to monitor student purchases, deposit funds, set up automatic payments or low balance reminders, and apply for free/reduced price meals. You can also download the Titan app on your smartphone.		Oven Roasted Chicken <i>or</i> Pork Chops with Gravy Rice Pilaf Seasonal Vegetables	Popcorn Chicken Buttermilk Biscuit Mashed Potatoes Gravy Steamed Corn	<u>FREE FRIDAY</u> Grilled Cheese <i>or</i> Pulled Pork Sandwich Baked Beans Tomato Soup Carrots & Celery
Milk & fresh or canned fruit served daily with lunch	Chicken Nuggets Corn Bread NYS Green Beans Roasted Red Potatoes	Walking Taco Fluffy Brown Rice Refried Beans Salsa, Lettuce, Cheese & Sour Cream Cinnamon Churro	<u>Pasta Bar</u> Spaghetti w/ choice of Meats & Sauces Garlic Bread, Broccoli, Caesar Salad	Schuylerville Burger <i>or</i> BBQ Chicken Sandwich French Fries NYS Green Beans Veggie Sticks	<u>FREE FRIDAY</u> Pancakes with Sausage Links <i>or</i> Breakfast Wrap Potato Puffs Spinach Salad
Celebrate National Foreign Language Week! Try something new from around the world.					
<u>Daily Choices</u> Pizza Slice Bagel Meal Salad Meal Deli Sandwich	<u>Chinese</u> General Tso's or Orange Chicken Jasmine Rice Stir-Fried Vegetables	<u>Mexican</u> Chicken Enchiladas <i>or</i> Beef Empanada Steamed Corn Black Beans Tres Leches Cake	<u>Italian</u> Chicken Piccata <i>or</i> Chicken Parmesan Served over Spaghetti Garlic Bread, Broccoli Italian House Salad	<u>French</u> Croque-Monsieur <i>(Toasted Ham & Cheese)</i> <i>or</i> French Dip Au Gratin Potatoes Salade Verte	<u>Irish/FREE FRIDAY</u> Grilled Reuben <i>or</i> Shepherd's Pie with Irish Soda Bread Golden Chips (fries)
<u>Maple Experience</u> March 21-24 we are highlighting NYS maple syrup all week!	Macaroni & Cheese Fish Sticks Garden Green Peas Maple Glazed Carrots	<u>SUPER SUB</u> Italian or Shaved Turkey on Homemade Bread Chicken Soup Veggie Sticks	French Toast with Sausage <i>or</i> Breakfast Wrap Potato Puffs Spinach Salad NYS Maple Syrup	<u>Calzones</u> <i>Assorted Fillings</i> <i>or</i> Pizza Crunchers Broccoli Caesar Salad	<u>FREE FRIDAY/Luau!</u> Chicken Teriyaki with Pineapple Fried Rice <i>or</i> Fish Tacos Hawaiian Slaw Fruit Salad
All meals must include at least 1 serving of fruit and/or vegetable	Mozzarella Sticks <i>or</i> Jalepeño/Buffalo Seasoned Rotini Marinara Sauce Broccoli	<u>Quesadillas</u> Chicken, Cheese, Veggie or Beef Fluffy Brown Rice Corn, Black Beans	Crispy Chicken Sandwich Special Sauce French Fries Garden Green Peas	<u>Boneless Wings</u> Buffalo, BBQ, or Garlic Parmesan Buttermilk Biscuit Potato Wedges Carrots & Celery	<u>FREE FRIDAY</u> Pasta Primavera <i>or</i> Buffalo Chicken Wrap Garden Salad Veggie Sticks