



Lady Horses:



Be an ATHLETE Camp

This camp is designed to introduce girls to some of the various sports offerings at Schuylerville, as well as enhance skill development. The camp is designed to promote the idea of being a multi-sport athlete. Specific instruction will be offered in field hockey, basketball and girls lacrosse. Additional instruction will include running mechanics, speed and agility development and fun team building activities. Equipment will be provided if athletes do not have their own.

Coach Lloyd and Coach LaBombard (Varsity Field Hockey and Girls Lacrosse coaches) will facilitate activities and instruction. This year's camp features SCS Alumna Amy Moreau and Emily Vallee as coaches, in addition to current varsity athletes. Moreau is a standout D1 Lacrosse player at UMass Amherst and Vallee is a dual sport Basketball/Track athlete at RPI.



*Who: Girls going into **grades 2-8** (2022-23 school year)*

*When: **Jun 27-June 30th, 2022 (M-Th) 9AM-12PM***

Where: SCS turf field and MS gym

*Cost: **\$75** Checks made payable to: **SCS Varsity Club***

Proceeds benefit the Field Hockey and Girls Lacrosse programs.

(please return this portion with \$75 payment made out to **SCS Varsity Club** to the **Elementary or Middle School main office** by JUNE 3rd.)

Athletes name : _____ *2022-23 Grade Level:* _____

T- Shirt Size(circle): YM YL S M L XL

Parent's signature: _____ *Phone Number:* _____

Please include any important medical information: