










## September 2021 Elementary & Middle School Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>All meals are FREE for the 2021-22 year!</b> Milk \$.50 2nd Entrée \$1.25</p> <p><b>Daily Alternate:</b> PBJ Meal Salad Meal</p>	 6	<p><b>SUPERINTENDENT'S CONFERENCE DAY</b></p> 7	<p><b>SUPERINTENDENT'S CONFERENCE DAY</b></p> 8	<p style="text-align: center;"><b>Welcome Back!</b></p> Soft or Crunchy Tacos <b>or</b> Turkey/Cheese Sandwich Corn, Brown Rice Mexican Bean Salad Salsa, Cheese, Sour Cream 9	Cheese or Pepperoni Pizza <b>or</b> Hot Dog on a Bun Steamed Broccoli Baked Beans 10
	<p><b>No action is required for students to receive free meals.</b> However, families are still encouraged to apply because you may be eligible for additional assistance. Please take a few minutes to fill out an application online at <a href="http://family.titank12.com">family.titank12.com</a>.</p> <p style="text-align: center;"><b>Weekly Salad - Taco Salad w/ Taco Meat, Cheese, Bean Salad &amp; Chips</b></p>				
<p><b>Included Daily</b> Seasonal Fresh and/or Canned Fruit Choice of 1% White or Chocolate Milk</p> 	Chicken Nuggets or Chicken Tenders Homemade Cornbread <b>or</b> Egg Salad Sandwich Roasted NY Potatoes Glazed Carrots 13	Spaghetti & Meat Sauce Freshly Baked Bread <b>or</b> Ham/Cheese Sandwich Steamed Green Beans Caesar Salad 14	Texas French Toast <b>or</b> Bagel w/ Cream Cheese Scrambled Eggs Potato Puffs Fresh Peach or Plum 15	<p style="text-align: center;"><b>SUPER SUB</b></p> Italian or Shaved Turkey on Homemade Bread <b>or</b> Yogurt w/ Grahams & String Cheese Vegetable Beef Soup Veggie Sticks 16	Cheese or Buffalo Chicken Pizza <b>or</b> Meatball Sub Steamed Broccoli Roasted Chickpeas 17
<p style="text-align: center;"><b>Weekly Salad - Asian w/ Breaded Chicken &amp; Mandarin Oranges</b></p>					
<p><b>We love local!</b> We partner with a number of local farms including Saratoga Apple, Thomas Poultry and Pitney Meadows. Look for the  designating local</p>	<p style="text-align: center;"><b>National Pepperoni Pizza Day</b></p> <p style="text-align: center;"><b>Pizza Munchable</b></p> Flatbread, Cheese & Pepperoni <b>or</b> Tunafish Sandwich 20	Nachos w/ Taco Meat & Cheese Sauce Fluffy Brown Rice <b>or</b> Turkey/Cheese Sandwich <b>Steamed Corn</b> Chocolate Pudding 21	Chicken Patty on a Bun <b>or</b>  Bologna & Cheese Sandwich French Fries Veggie Sticks 22	Grilled Cheese <b>or</b> Pulled Pork Sandwich <b>Tomato Soup</b> Saltine Crackers Baked Beans Baby Carrots 23	Cheese or Pepperoni Pizza <b>or</b> Chicken Caesar Wrap California Blend Veggies Mixed Green Salad 24
<p style="text-align: center;"><b>Weekly Salad - Chicken Caesar</b></p>					
<p><b>Please note:</b> Due to the unpredictable food market, menus are subject to change without notice. We apologize for any inconvenience.</p> 	Popcorn Chicken Freshly Baked Bread <b>or</b>  Egg Salad Sandwich Mashed Potatoes/Gravy Steamed Corn 27	Mozzarella Sticks Seasoned Rotini Marinara Sauce <b>or</b> Ham/Cheese Sandwich Garden Green Peas Baby Carrots 28	Waffles <b>or</b> Cereal Sausage Links Hash Brown Patty Spinach Salad Fresh Fruit 	 Cheeseburger on a Bun <b>or</b> Ham & Cheese Bagel Melt  Roasted NY Potatoes Cole Slaw 30	Cheese or Pepperoni Pizza <b>or</b> Sausage, Egg & Cheese on English Muffin Steamed Green Beans Veggie Sticks Oct 1

***Weekly Salad - Cobb w/ Chicken, Tomato, Mozzarella, Bacon, & Hard Boiled Egg***

Schuylerville Central School District