


## September 2021 Elementary & Middle School Breakfast Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>All meals are FREE this year! Milk \$.50</b>	 6	<b>SUPERINTENDENT'S CONFERENCE DAY</b> 7	<b>SUPERINTENDENT'S CONFERENCE DAY</b> 8	Assorted Cereal & Graham Squares 9	French Toast Sticks 10
Choice of Cereal & Graham Crackers available daily	Waffles 13	Bacon, Egg & Cheese on an English Muffin 14	Homemade Smoothie w/ Graham Squares 15	Bagel with Cream Cheese 16	Glazed Donut 17
All students must take 1/2 cup fruit or juice with breakfast	Pancakes 20	Streussel Coffee Cake w/ Hot Apple Slices 21	Blueberry Bash Waffles 22	Yogurt & Granola 23	Cinnamon Rolls 24
Milk, juice, and fresh fruit offered daily with all meals	Waffles 27	Egg & Cheese on a Bagel 28	Homemade Smoothie w/ Graham Squares 29	Bagel with Cream Cheese 30	Hot Oatmeal - Assorted Flavors Oct 1

### Welcome Back! What's new this year?

Breakfast and lunch are FREE to all students! No applicaiton is required, but families are still encouraged to fill one out online. You may qualify for additional assistance.

Elementary School breakfast is now grab & go (students enrolled in before school care still eat in the cafeteria). Students will fill a bag with their entree, fruit, juice, and milk choices, then take it to eat in class.

We are continuing our efforts to expand the district's Farm to School program. Schuylerville was one of only 32 district in the entire state that met an ambitious goal of 30% of all food being purchasd from local sources!

Student safety is our top priority! Please be assured we are doing everything possible to continue serving nutritious, delicious food every day!