





November 2020 Elementary & Middle School Menu *updated 11/9/20*

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>All student meals are FREE for the whole year!</p> <p>2nd Entrée \$1.00 Snacks \$.75 Ice Cream \$1.00 Water \$1.00</p>	<p><u>Middle School A-K</u></p> <p>Popcorn Chicken Baked Bread or Ham Sandwich Mashed Potatoes Green Beans</p> <p style="text-align: right;">2</p>	<p>Superintendent's Conference Day</p> <p>No School</p> <p style="text-align: right;">3</p>	<p><u>Middle School L-Z</u></p> <p>Spaghetti & Meatballs Baked Bread or Egg Salad Sandwich California Blend Veggie Sticks w/ Ranch</p> <p style="text-align: right;">4</p>	<p><u>Middle School A-K</u></p> <p>Cheese or Pepperoni Pizza or Turkey/Cheese Sandwich Glazed Carrots Cucumber Coins</p> <p style="text-align: right;">5</p>	<p><u>Middle School L-Z</u></p> <p>Mandarin Orange Chicken Jasmine Rice or Ham Sandwich Stir Fried Vegetables or Plain Broccoli</p> <p style="text-align: right;">6</p>
<i>Garden salad w/ chicken & cheese available as alternate choice daily</i>					
<p>Included Daily</p> <p>Choice of Fresh and/or Canned Fruit Choice of Skim or Low Fat Milk</p>	<p><u>Middle School A-K</u></p> <p>Chicken Nuggets Homemade Cornbread or Tuna fish Sandwich Roasted NY Potatoes</p> <p style="text-align: right;">9</p>	<p><u>Middle School L-Z</u></p> <p>Pancakes or Bagel w/ Cream Cheese or Peanut Butter Sausage Links Potato Puffs Baby Carrots</p> <p style="text-align: right;">10</p>	<p style="text-align: center;">  No School </p> <p style="text-align: right;">11</p>	<p><u>Middle School A-K</u></p> <p>Soft or Crunchy Tacos or Turkey Sandwich Corn, Brown Rice Seasoned Black Beans Salsa, Sour Cream, Cheese</p> <p style="text-align: right;">12</p>	<p><u>Middle School L-Z</u></p> <p>Cheese or TACO Pizza or Meatball Sub Chicken & Rice Soup Veggie Sticks</p> <p style="text-align: right;">13</p>
<i>Garden salad w/ chicken & cheese available as alternate choice daily</i>					
<p>Try something new!</p> <p>GET CAUGHT EATING VEGGIES!</p>	<p><u>Middle School A-K</u></p> <p>Chicken Patty on a Bun or Egg Salad Sandwich French Fries Roasted Cauliflower</p> <p style="text-align: right;">16</p>	<p><u>Middle School L-Z</u></p> <p>Mozzarella Sticks Seasoned Rotini or Turkey Sandwich Steamed Broccoli LOCAL KOHLRABI</p> <p style="text-align: right;">17</p>	<p><u>Middle School A-K</u></p> <p>Grilled Cheese or Hot Dog on a Bun Tomato Soup Saltine Crackers Baked Beans</p> <p style="text-align: right;">18</p>	<p><u>Middle School A-K</u></p> <p>Roast Turkey & Gravy Baked Bread & Butter or Ham Sandwich Mashed Potatoes Green Beans Dessert</p> <p style="text-align: right;">19</p>	<p><u>Middle School L-Z</u></p> <p>No School K-5 Roast Turkey & Gravy Baked Bread & Butter or Ham Sandwich Mashed Potatoes Green Beans Dessert</p> <p style="text-align: right;">20</p>
<i>Garden salad w/ chicken & cheese available as alternate choice daily</i>					
<p>Daily Alternates:</p> <p>PBJ Meal Salad Meal</p>  <p>Dutch Waffle November 23rd</p>	<p><u>Middle School A-K</u></p> <p>Dutch Waffle Sausage Links or Ham & Cheese Bagel Melt Hash Brown Patty Spinach Salad</p> <p style="text-align: right;">23</p>	<p><u>Middle School L-Z</u></p> <p>Nachos w/ Taco Meat & Cheese Sauce Fluffy Brown Rice or Turkey Sandwich Steamed Corn Jello Cup</p> <p style="text-align: right;">24</p>	 <p>Thanksgiving Holiday</p>  <p>Enjoy the break with friends and family! Practice gratitude - find something to be thankful for each day.</p>		
<i>Garden salad w/ chicken & cheese available as alternate choice daily</i>					