







September 2020 Elementary & Middle School Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>All meals are FREE until December 2020 Milk \$.50 2nd Entrée \$1.00</p> <p><u>Daily Alternate:</u> PBJ Meal</p>	 LABOR DAY 7	<p>SUPERINTENDENT'S CONFERENCE DAY</p> 8	<p>SUPERINTENDENT'S CONFERENCE DAY</p> 9	<p><u>Middle School A-K</u></p> <p>Chicken Tenders Buttermilk Biscuit or Turkey Sandwich French Fries Baby Carrots</p> 10	<p><u>Middle School L-Z</u></p> <p>Cheese or Pepperoni Pizza or Chicken Bacon Ranch Wrap Steamed Broccoli Local Apple </p> 11
	<p>Students who were eligible for free or reduced price meals last year will remain eligible until a new application is received. Applications should be submitted by Friday, September 25th or meal benefits may be discontinued.</p>				
<p><i>No student salads available this week</i></p>					
<p><u>Included Daily</u></p> <p>Seasonal Fresh and/or Canned Fruit Choice of 1% White or Chocolate Milk</p>	<p><u>Middle School A-K</u></p> <p>Soft or Crunchy Tacos or Turkey Sandwich Corn, Brown Rice Seasoned Black Beans Salsa, Sour Scream, Cheese</p> 14	<p><u>Middle School L-Z</u></p> <p>Popcorn Chicken Baked Bread or Tunafish Sandwich Mashed Potatoes Green Beans</p> 15	<p><u>Middle School L-Z</u></p> <p>Pulled Pork Sandwich or Yogurt, Muffin & Cheese Stick Corn on the Cob Local Cucumbers </p> 16	<p><u>Middle School A-K</u></p> <p>Cheese or Pepperoni Pizza or Chicken Caesar Wrap Glazed Carrots Local Apple </p> 17	<p><u>Middle School L-Z</u></p> <p>Spaghetti w/ Meatballs or Ham Sandwich Mixed Green Salad Baked Bread w/ Butter</p> 18
<p><i>No student salads available this week</i></p>					
<p><u>We love local!</u></p> <p>We partner with a number of local farms including Saratoga Apple, Thomas Poultry and Pitney Meadows. Look for the  designating local</p>	<p><u>Middle School A-K</u></p> <p>Chicken Nuggets Homemade Cornbread or Egg Salad Sandwich Roasted Red Potatoes Steamed Broccoli</p> 21	<p><u>Middle School L-Z</u></p> <p>Hot Dog on a Bun or Philly Cheese Steak Cheese Fries Baby Carrots</p> 22	<p><u>Middle School A-K</u></p> <p>Mozzarella Sticks Seasoned Rotini or Tunafish Sandwich Caesar Salad</p> 23	<p><u>Middle School A-K</u></p> <p>Cheeseburger on a Bun or Turkey Sandwich BBQ Baked Beans Bermuda Blend Veggies</p> 24	<p><u>Middle School L-Z</u></p> <p>Cheese or Pepperoni Pizza or Ham Sandwich Carrot & Celery Sticks w/ Ranch Local Apple </p> 25
<p><i>No student salads available this week</i></p>					
<p><u>Please note:</u></p> <p>Due to the unpredictable supply chain, the menu is subject to change without notice. We apologize for any inconvenience.</p>	<p><u>Middle School A-K</u></p> <p>Chicken Patty on a Bun or Turkey Sandwich Local Sweet Potatoes Steamed Broccoli</p> 28	<p><u>Middle School L-Z</u></p> <p>Nachos w/ Taco Meat & Cheese Sauce Fluffy Brown Rice or Tunafish Sandwich Steamed Corn</p> 29	<p><u>Middle School L-Z</u></p> <p>Grilled Cheese or BBQ Rib Sandwich Tomato Soup Carrot & Celery Sticks</p> 30	<p><u>Middle School A-K</u></p> <p>Cheese or Pepperoni Pizza or Italian Wrap (Ham, Pepperoni & Salami w/ Mozzarella) Ranch Poppers (crunchy chickpeas) Oct 1</p>	<p><u>Middle School L-Z</u></p> <p>Texas French Toast or Bagel w/ Cream Cheese Sausage Links Potato Puffs</p> Oct 2
<p><i>No student salads available this week</i></p>					