February/March 2020 High School Menu \*Updated 2/7\*

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Meal: \$2.50	Chicken Tenders	Soft or Crunchy Tacos	Salad Bar with Local	Pancakes & Sausage	,
Reduced: No Charge	Garlic Breadstick	w/ Taco Meat	Hydroponic Greens from	Hot Apple Slices	
2nd Entrée w/ Meal:	NY Roasted Potatoes	Plain or Spanish Rice	Rensselaer County	or .	Chicala
\$1.25	Broccoli	Lettuce, Tomato & Cheese	or .	Egg Sandwich	OLG OF EE
Entrée Only: \$2.50		Salsa & Sour Cream	Meatball Sub	on a Bagel	o PAU
•		Seasoned Black Beans	Broccoli Salad	Potato Puffs	
****It's a better deal	3	Jello Cup 4	Lentil Soup (veg) 5	6	7
to buy a lunch meal	-		· · · · · · · · · · · · · · · · · · ·		
with a serving of fruit	Popcorn Chicken	STUFFED PIZZA POCKET	Buffalo Chicken Dip	Chicken Nuggets	Schuylerville Burger
and/or vegetable	Baked Bread	Cheese, Pepperoni,	w/ Tortilla Chips	NY Roasted Potatoes	Plain, Bacon, or Cheese
than just an entrée!***	Mashed Potatoes	or Broccoli	or	Rice Pilaf	or
	Gravy	Marinara Sauce	Double Dogs with	Steamed Broccoli	Italian Wrap
Milk \$.50	Steamed Corn	Caesar Salad	Michigan Sauce		French Fries
Snacks \$.75 and up		<b>Roasted Cauliflower</b>	Carrot & Celery Sticks		Valentine Cupcake
Ice Cream \$1.00	10	11	Homemade Soup 12	13	14
Water \$1.00					
Bottled Drinks: \$1.50  Included with Lunch	*** <b>N</b>	1id-Winter R	ecess Febru	ary 17th-21s	st **
Fresh/Canned Fruit	National Tortilla	Macaroni & Cheese	Salad Bar	NATIONAL CHILI DAY	Grilled Cheese
100% Fruit Juice	<mark> <u>Chip Day</u> 🖐</mark>	Sausage Links	or	Baked Potato Bar	or
Skim or 1% Milk	Macho Nachos	Dinner Roll	Turkey Provolone or	Sour Cream, Scallions,	BBQ Rib Sandwich
	Plain or Spanish Rice	Mixed Green Salad	Ham & Cheese Piada	Bacon Bits, & Roll	Tomato Soup
<b>Daily Lunch Options</b>	Cheesy Refried Beans	Garden Green Peas	Irish Stew	or Fish Sandwich	Salintes
Pretzel & String Cheese	Steamed Corn		Wheat Berry Salad	Broccoli & Cheese Sauce	Baked Beans
Homemade Pizza Slice Chef Salad	24	25	26	Homemade Chili 27	28
Bagel, PB & Sring Cheese	Texas French Toast	MOZZARELLA STICKS	Chicken Patty Sandwich	Soft or Crunchy Tacos	CHICKEN & WAFFLES
Deli Sandwich	Sausage Links	or Buffalo Crunchers	Plain, Parm or Spicy	w/ Taco Meat or	Chicken Tenders
products	or	Marinara Sauce	Vegetable Beef Soup	Seasoned Chicken	Dutch Waffle
<u> </u>	Ham, Egg & Cheese	Seasoned Rotini	French Fries	Plain or Spanish Rice	Potato Puffs
Designates a	Bagel Melt	Tossed Salad	Baby Carrots	Seasoned Black Beans	Veggie Sticks
local product	Hash Brown	Green Beans		Steamed Corn	F20
	Spinach Salad 2	3	4	5	6
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