

Schuylerville Central School District

September 2019 Elementary & Middle School Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Meal \$2.40 Reduced: No Charge Milk \$.50 2nd Entrée \$1.00 Snacks \$.75 Ice Cream \$1.00 Water \$1.00</p>	 <small>2</small>	SUPERINTENDENT'S CONFERENCE DAY <small>3</small>	SUPERINTENDENT'S CONFERENCE DAY <small>4</small>	Welcome Back! Chicken Nuggets Seasoned Rotini or Turkey/Cheese Sandwich Caesar Salad Green Beans <small>5</small>	Cheese or Pepperoni Pizza or Chicken Caesar Wrap Veggie Sticks w/ Ranch <small>6</small>
	Students who were eligible for free or reduced price meals last year will remain eligible until a new application is received. Applications should be submitted by Friday, September 27th or meal benefits may be discontinued.				
Weekly Salad: Chicken Caesar					
<p><u>Included Daily</u> Choice of Fresh and/or Canned Fruit Choice of Skim or Low Fat Milk <u>Offered Daily</u> PBJ Sandwich Meal Salad Meal</p>	Popcorn Chicken Homeamde Cornbread or Tunafish Sandwich Mashed Potatoes/Gravy Green Beans <small>9</small>	Soft or Crunchy Tacos Lettuce, Tomato & Cheese Fluffy Brown Rice or Turkey/Cheese Sandwich Corn & Black Beans <small>10</small>	Texas French Toast or Bagel w/ Cream Cheese Sausage Links Potato Puffs Baby Carrots <small>11</small>	Cheeseburger or Yogurt, Pretzel & String Cheese Sweet Potato Fries Steamed Broccoli <small>12</small>	Cheese or Cheeseburger Pizza or Ham/Cheese Bagel Melt California Blend Baby Carrots & Cherry Tomatoes <small>13</small>
Weekly Salad: Ham & Cheese					
<p><u>We love local!</u> Every day we serve local apples from Saratoga Apple right here in Schuylerville!</p> 	Spaghetti & Meatballs Baked Bread or Egg Salad Sandwich Glazed Carrots Caesar Salad <small>16</small>	Build Your Own Deli Munchable <i>Ritz Crackers, Cheese, Sliced Turkey & Rice Krispie Treat or Buffalo Chicken Wrap Baby Carrots</i> Green Beans <small>17</small>	Chicken Patty Sandwich Plain or Hot & Spicy or Turkey/Cheese Sandwich Roasted Red Potatoes Baked Beans <small>18</small>	Grilled Cheese or HOT HAM & CHEESE ON PRETZEL ROLL Tomato Soup Celery Sticks Saltines <small>19</small>	Cheese or Pepperoni Pizza or Hot Dog on a Bun Roasted Chickpeas Mixed Green Salad <small>20</small>
Weekly Salad: Cobb (chicken, bacon, tomato, mozzarella)					
<p>Want to work a few hours each day while your child is in school Apply to be a kitchen subsittute! Call 695-3255 ext 2290</p>	Chicken Tenders Baked Bread or Tunafish Sandwich French Fries Green Beans <small>23</small>	Chicken & Cheese Quesadilla or Yogurt, Muffin & Cheese Taco Soup Steamed Corn Baby Carrots <small>24</small>	Pancakes w/ Syrup or Cereal (<i>Lucky Charms or Cinnamon Toast Crunch</i>) Sausage Links Hash Brown Spinack Salad <small>25</small>	Nachos w/ Taco Meat & Cheese Sauce Fluffy Brown Rice or Turkey/Cheese Sandwich Steamed Corn Refried Beans <small>26</small>	Cheese or Chicken Bacon Ranch Pizza or Egg MacMuffin California Blend Baby Carrots & Cherry Tomatoes <small>27</small>
Weekly Salad: Turkey & Cheese					

Menu subject to change.

Food Service Dept: 518-695-3255 ext 2290