



# Schuylerville Central School District

## May 2019 Elementary & Middle School Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>RAINBOW FOOD WEEK</b></p> <p>Try something new!</p>	Popcorn Chicken Baked Bread <b>or</b> Ham Sandwich Mashed Potatoes/Gravy Steamed Corn <i>Tri-Color Pepper Salad</i>	Sweet & Sour or General Tso's Chicken Jasmine Rice <b>or</b> Turkey/Cheese Sandwich <i>Vegetable Stir Fry</i> Fortune Cookie <b>Rainbow Fruit Skewer</b>	Bacon Cheeseburger or Plain Cheeseburger <b>or</b> Yogurt, Muffin & String Cheese French Fries Vegetarian Baked Beans <i>Chilled Asparagus Salad</i>	Soft or Crunchy Tacos Lettuce, Tomato, Cheese Sour Cream & Salsa Fluffy Brown Rice <b>or</b> Turkey/Cheese Sandwich Steamed Corn <b>Mexican Bean Salad</b> Mango Salsa	Cheese, Pepperoni or <b>Veggie</b> Pizza <b>or</b> Chicken Caesar Wrap <i>Green Beans</i> Veggie Sticks <i>Fresh Fruit Salad</i>
<b>Rainbow Chopped Salad - Mixed Greens, Shredded Carrot &amp; Cabbage, Cucumber, Cherry Tomato &amp; Chicken (optional)</b>					
<p><b><u>Included Daily</u></b> Choice of Fresh and/or Canned Fruit Choice of Skim or Low Fat Milk <b><u>Offered Daily</u></b> PBJ or Salad Meal</p>	Hot Dog on a Bun <b>or</b> SOFT PRETZEL & STRING CHEESE Homemade Macaroni & Cheese <i>(with both choices)</i> Garden Green Peas Baby Carrots	<b>TEXAS FRENCH TOAST</b> <b>or</b> Bagel w/ Topping Sausage Links <b>POTATO PUFFS</b> Baby Carrots	Oven Roasted Chicken Baked Bread <b>or</b> Turkey/Cheese Sandwich Mashed Potatoes & Gravy Green Beans	Nachos w/ Taco Meat & Cheese Sauce Fluffy Brown Rice <b>or</b> Turkey/Cheese Sandwich Steamed Corn Refried Beans Fruit Crisp	Cheese or Chicken Bacon Ranch Pizza <b>or</b> Meatball Sub <i>Glazed Carrots</i> <i>Mixed Green Salad</i>
<b>Weekly Salad Choice - Crispy Buffalo Chicken with Carrot, Tomato &amp; Cheese</b>					
<p><b>Meal \$2.15</b> <b>Reduced Price \$.25</b> <b>Milk \$.50</b> <b>2nd Entrée \$1.00</b> <b>Snacks \$.75</b> <b>Ice Cream \$1.00</b> <b>Water \$1.00</b></p>	Chicken Tenders Baked Bread <b>or</b> Turkey & Cheese Sub Steamed Corn Cucumber Coins	Chicken Nuggets Homemade Cornbread <b>or</b> Tuna Fish Sandwich Roasted Red Potatoes Broccoli	Pancakes w/ Strawberry Topping or Bagel w/ Cream Cheese Sausage Links Hash Brown Spinach Salad	Cheese or Pepperoni Pizza <b>or</b> Cheeseburger <i>Assorted Vegetables</i>	<p><b>No School</b></p>  <p>Enjoy the Long Weekend!</p>
<b>Weekly Salad - Cobb (Chicken, Bacon, Tomato, Mozzarella &amp; Egg)</b>					
<p><b><u>We love local!</u></b> As more fruits and vegetables come into season, our lunch lines will be full of NY and VT grown produce!</p>	<p><b>No School</b></p> 	<p><b>No School</b></p> 	Grilled Cheese <b>or</b> <b>BBQ Rib Sandwich</b> Tomato Soup & Saltines Vegetarian Baked Beans <b>Baby Carrots</b>	Chicken Patty Sandwich Plain or Hot & Spicy <b>or</b> <b>Dilled Pork Sandwich</b> Steamed Broccoli Veggie Sticks Fruit Crisp	Cheese or <del>Cheeseburger</del> Pizza <b>or</b> Ham & Cheese Bagel Melt Green Beans <i>Caesar Salad</i>
<b>Weekly Salad Choice - Chef Salad with Turkey &amp; Cheddar</b>					

Menu subject to change.

Food Service Department: 518-695-3255 ext 2290