

FOOD Service Program

Good nutrition is critical to student achievement. The well-nourished student will generally have better attendance, be more attentive and have more energy to take advantage of school-day opportunities. We realize students have individual preferences and tastes and we are committed to offering daily choices to meet their needs.

- ▶ **BREAKFAST: \$1.25**
- ▶ **LUNCH: COMPLETE MEALS ARE PRICED AS A UNIT FOR \$2.25 AND ARE THE BEST VALUE.**

Make a Lunch Deal allows students to build a meal from a hot entrée, deli sandwich, pizza, salad or low-fat yogurt. Milk, fruit and vegetables are added at no additional cost.

APPLICATIONS for Free/Reduced Priced Meals

Applications are available in the main office and should be returned to the office, the food service cashier or to Sarah Keen. All information on the applications is confidential and the register system provides anonymity. All student meals (even paid meals) are financially subsidized both federally and by New York State and no one should hesitate to apply.

Did You Know...

- ▶ Most meals contain whole grains, including whole wheat breads and brown rice.
- ▶ Fat-free and low-fat 1% milk are available daily with all meals.
- ▶ At least two types of fruit are available daily.
- ▶ Food is baked, roasted, or steamed - never fried.
- ▶ Schuylerville follows with federal guidelines for school meals, which include limiting saturated fat and serving more fresh fruits & vegetables.
- ▶ All foods sold during the school day, including from vending machines and fundraisers, meet Schuylerville's strict standards for nutrition and quality.
- ▶ We take allergies seriously. All staff are trained in allergy protocol and a Registered Dietician manages each case individually.

Our goal has always been to serve nutritious, well-balanced meals that children like, at an affordable price.



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Sarah Keen, Food Service Manager • 695-3255, ext. 2290

COMPUTERIZED Point of Sale SYSTEM

The cafeteria has two computerized cash registers and each student has a Personal Identification Number (PIN) to access his/her account. When a student enters his/her PIN into the keypad, his/her photo and account information appear on the computer screen and the cashier knows the student's eligibility status (free/reduced/paid) and any amount credited to his/her account. This system allows parents to conveniently deposit money into their child's account. A few of the advantages of the computerized system are:

- ▶ You do not have to send cash to school on a daily basis.
- ▶ You are assured the money is spent on food at school.
- ▶ You can put in as much or as little money as you wish.
- ▶ Your check gives you a record of deposits. We can also print an activity report on your child's account.

Checks should be made out to SCS Food Service and should include the student's PIN or the student's name.

This is not a credit system. Students should not charge meals and cannot charge snacks to their overdrawn account.

Questions & Answers



? Is there a limit on how much money a student may spend?

No. Students may spend as much money as they have in their account, so it is important for them to understand their family's rules and restrictions. One complete meal for \$2.25 can be purchased daily and is the best value, as well as the most nutritious choice. Sometimes students do not take enough of the required components (such as milk and fruits/vegetables), meaning items are priced individually rather than as a complete meal. Students can also purchase snacks and beverages that are priced a la carte. Parents can call for a printout of their child's account or look it up at www.MySchoolBucks.com if there is a concern that too much money is being spent.

Students may **ONLY** charge a complete meal (no a la carte items) and are limited to three charges.

? Can I send in one check for all my children?

Yes, but please indicate how much money should be put in each child's account.

? What if my child forgets the PIN?

The cashier will look it up and tell him/her.

? How will I know when my child's account is running low?

The account balance appears on the screen and the cashier will remind the student that the balance is low. You can also call Sarah Keen at 695-3255, ext. 2290 or e-mail her at keens@schuylerville.org and she will tell you the balance. Periodically, e-mails are sent when accounts have a negative balance.

? What if my child is eligible for free/reduced priced meals?

The eligibility status of each student is entered into the computerized system. A student eligible for a reduced priced meal (\$0.25) may either deposit money into his/her account and draw it down or may pay on a daily basis. Students wishing to buy snacks should be prepared to pay for the item or have money in their account.

PAY ONLINE

We now offer MySchoolBucks online payment service for a quick and easy way to add money to your student's meal account using a credit/debit card or electronic check. You can also view recent activity. Go to www.MySchoolBucks.com and register for a free account. There is a 3.95% transaction fee charge for each payment but it costs **NOTHING** to view your child's account

