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	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch is <u>FREE</u> for all students! Milk & Fruit Served Daily with All meals <u>Daily Choices</u> Pizza Slice Bagel Meal Salad Meal Deli Sandwich Yogurt Meal Pretzel Meal <u>Local & Fresh</u> Look for the apple on our menu that designates a local product from NY. Boar's Head deli meats on all sandwiches!  All meals must have at least 1 serving of fruit and/or vegetable	OCTOBER IS NATIONAL FARM TO SCHOOL MONTH! 	Celebrating Hispanic Heritage Month 	<u>Walking Taco</u>  Taco Meat & Cheese Fluffy Brown Rice Steamed Corn Seasoned Black Beans <div>1</div>	Homemade Calzones Marinara Sauce Broccoli Caesar Salad <div>2</div>	Crispy Chicken Sandwich w/ Secret Sauce Sidewinder Fries Veggie Sticks <div>3</div>
	Mozzarella Sticks Seasoned Rotini Marinara Sauce Broccoli Tossed Salad <div>6</div>	 Chicken Enchiladas or  Beef Empanada Spanish Rice Seasoned Black Beans <div>7</div>	 Boneless Chicken Wings Homemade Cornbread Roasted Potatoes Carrots & Celery <div>8</div>	<u>Build Your Own Sub</u> Selection of Boar's Head Meats & Cheeses Chicken Noodle Soup Veggie Sticks <div>9</div>	Italian Dunkers with Marinara Sauce Green Beans Caesar Salad <div>10</div>
	10/13 No School  National School Lunch Week: Taste the World <div>13</div>	<u>Chinese</u> General Tso or Orange Chicken Jasmine Rice Broccoli Fortune Cookie <div>14</div>	<u>Italian</u> Chicken Piccata or Chicken Parm over Spaghetti Garlic Bread Broccoli Caesar Salad <div>15</div>	 <u>Mexican</u> Beef Tacos Spanish Rice Steamed Corn Seasoned Black Beans Churro <div>16</div>	<u>French</u> Croque-Monsieur (Toasted Ham & Cheese) or French Dip Au Gratin Potatoes <div>17</div>
	Grilled Cheese Tomato Soup Baked Beans Carrots & Celery <div>20</div>	Popcorn Chicken Buttermilk Biscuit Mashed Potatoes Gravy Steamed Corn <div>21</div>	<u>Pasta Bar</u> Meatballs, Chicken Alfredo or Marinara over Penne Garlic Bread Steamed Green Beans <div>22</div>	 Macho Nachos Fluffy Brown Rice Steamed Corn Cheesy Refried Beans Assorted Toppings <div>23</div>	 Buffalo Chicken Dip with Tortilla Chips or  Philly Cheese Steak Carrots & Celery <div>24</div>
	Crispy Chicken Tenders Buttermilk Biscuit Oven Baked Fries Carrots & Celery <div>27</div>	Mac & Cheese Bar w/ Assorted Toppings Dinner Roll Garden Green Peas Baby Carrots <div>28</div>	<u>Brunch for Lunch</u> Pancakes or French Toast Stix Scrambled Eggs or Sausage Potato Puffs Fruit Salad <div>28</div>	 <u>Burger Bar</u> Bacon, Cheese, or Veggie or Double Dogs Baked Beans Roasted Potatoes <div>30</div>	General Tso or Orange Chicken Jasmine Rice Stir-Fried Vegetables <div>31</div>

October is National Pizza Month!

Watch for daily specials