

October 2025 High School Breakfast Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast is <u>FREE</u> for all students! Milk & fresh or canned fruit served daily with breakfast <u>Daily Choices</u> Muffins Bagels Seasonal Breads Cereal Yogurt All meals must have at least 1 serving of fruit and/or juice	Breakfast is available every day before school starting at 7:30 		Lemon Blueberry French Toast 1	Cinnamon Rolls 2	Chef's Choice 3
	Waffles 6	Assorted Breakfast Sandwiches 7	Glazed Donut 8	Smoothie w/ Grahams 9	Chef's Choice 10
	No School 13	Assorted Breakfast Sandwiches 14	Egg Muffin Bites 15	Scrambled Eggs w/ Bacon & Toast 16	Chef's Choice 17
	French Toast Sticks 20	Assorted Breakfast Sandwiches 21	Bagel Bar 22	Smoothie w/ Grahams 23	Chef's Choice 24
	Waffles 27	Assorted Breakfast Sandwiches 28	Yogurt Bar 29	Scrambled Eggs w/ Bacon & Toast 30	Chef's Choice 31