





















## October 2025 Elementary & Middle School Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b><u>Lunch is FREE</u></b> <b>for all students!</b>  <b>Milk: \$1.00</b> <b>Snacks/Dinks: \$1.00+</b>	<b>OCTOBER IS NATIONAL FARM TO SCHOOL MONTH!</b> 	Questions? Contact Food Service Director Sarah Keen at <a href="mailto:keens@schuylerville.org">keens@schuylerville.org</a>	Bosco Cheese Sticks Marinara Sauce <b>or</b> Chicken Caesar Wrap Broccoli 1	<b><u>SUPER SUB</u></b> Shaved Turkey or Italian Mix on Homemade Bread <b>or</b> Yogurt Meal Pasta Salad, Veggie Sticks 2	Cheese or Buffalo Chicken Pizza <b>or</b> Italian Wrap Veggie Sticks 3
	<b>Weekly Salad: Chef with Turkey, Hard Boiled Egg, Cheese &amp; Assorted Vegetables</b>				
<b><u>Daily Alternates</u></b> <b>PB&amp;J Meal</b> <b>Salad Meal</b>  <b><u>Middle School</u></b> Pretzels & Sandwiches Daily as Available	Boneless Chicken Wings Homemade Cornbread <b>or</b>  Egg Salad Sandwich French Fries Carrots & Celery 6	Italian Dunkers Marinara Sauce <b>or</b> Ham Sandwich  NYS Green Peas Baby Carrots 7	Homemade Pancakes <b>or</b> Toasted Bagel Sausage Links Potato Puffs Spinach Salad 8	 Cheeseburger <b>or</b> Hot Dog on a Bun Baked Beans  Roasted Potatoes Red Grapes 9	Cheese or Pepperoni Pizza <b>or</b>  Philly Cheese Steak  Glazed Carrots Caesar Salad 10
	<b>Weekly Salad: Crispy Chicken Hard Boiled Egg, Cheese &amp; Assorted Vegetables</b>				
<b><u>Available With All Meals</u></b> Seasonal Fresh and/or Canned Fruit At Least 2 Vegetables Choice of Stewart's Milk	<b>10/13 No School</b>  <b>National School Lunch Week: Taste the World</b> 13	<b><u>Chinese</u></b> Orange Chicken Jasmine Rice <b>or</b> Turkey Sandwich Broccoli, Baby Carrots Fortune Cookie 14	<b><u>Italian</u></b>  Chicken Alfredo Fresh Baked Bread <b>or</b> Ham Sandwich  Green Peas Caesar Salad 15	<b><u>Mexican</u></b>  Beef Tacos w/ Rice <b>or</b> Turkey Sandwich Corn, Bean Salad <b>Cinnamon Churro</b> 16	<b><u>French</u></b> Cheese or Pepp. Pizza <b>or</b> Ham & Cheese on a Croissant Salad, Veggie Sticks 17
	<b>Weekly Salad - Cobb w/ Chicken, Tomato, Mozzarella, Bacon, &amp; Hard Boiled Egg</b>				
<b><u>We love local!</u></b> We partner with a number of local farms Look for the  designating local products from within New York state.  <b>Boar's Head deli meats on all sandwiches</b>  Boar's Head	Popcorn Chicken w/ Biscuit <b>or</b> Tuna Sandwich Mashed Potatoes/Gravy Steamed Corn  NYS Kale Chips 20	Nachos w/ Beef  & Cheese Sauce Steamed Rice <b>or</b> Ham Sandwich Steamed Corn 21	Mozzarella Sticks Seasoned Rotini <b>or</b> Turkey Sandwich Marinara Sauce Broccoli 22	Waffles with Sausage <b>or</b> Bacon Egg & Cheese on a Bagel Rainbow Potato Medley  NY Grape Juice 23	Cheese or Pepperoni Pizza <b>or</b> Meatball Sub Caesar Salad Roasted Chickpeas 24
	<b>Weekly Salad: Chef with Turkey, Hard Boiled Egg, Cheese &amp; Assorted Vegetables</b>				
	Crispy Chicken Tenders Homemade Cornbread <b>or</b>  Egg Salad Sandwich French Fries Baby Carrots 27	Macaroni & Cheese Fresh Baked Bread <b>or</b> Turkey Sandwich  NYS Green Peas Baby Carrots 28	French Toast Sticks <b>or</b> Toasted Bagel Sausage Links Hash Brown Spinach Salad 29	Crispy Chicken Sandwich w/ Secret Sauce <b>or</b> Ham Sandwich  Roasted Potatoes Baby Carrots 30	Cheese or Chicken Bacon Ranch Pizza <b>or</b>  Buffalo Chicken Dip w/ Tortilla Chips Veggie Sticks 31
	<b>Weekly Salad: Crispy Chicken Hard Boiled Egg, Cheese &amp; Assorted Vegetables</b>				