



Welcome to the Health Office

SCHUYLERVILLE'S
JR.-SR. HIGH SCHOOL
HEALTH OFFICE
MISSION:

- To help maintain your child's overall health and well-being.
- To provide your child with the knowledge and skills needed to lead a healthy and productive lifestyle.
- To promote healthy behaviors.

Health Office Phone:
(518) 695-3255, x244 or 293

Fax Number:
(518) 695-8268

The office is staffed by Pam Driscoll (school nurse-teacher) and Yvette Grimes (school nurse). Normal office hours are 8:00 a.m. until 3:00 p.m.

If you'd like to contact the Health Office, call the district switchboard at 695-3255 and ask for extension 244 or 293. Please feel free to leave a message on the voicemail system if you don't reach your party directly.

■ Schuylerville Jr.-Sr. High School Health Services



A Guide for Parents

Schuylerville
CENTRAL SCHOOL DISTRICT

For More Information

If you'd like more information about health policies at Schuylerville Jr.-Sr. High School, or if you'd like to discuss any health-related issues, please feel free to contact us:

Phone: (518) 695-3255, ext. 244 or 293

Fax: (518) 695-8268

Schuylerville Central School District
14 Spring Street
Schuylerville, NY 12871-1098

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Health Services



the Health Office coordinates many different services, including arranging physicals, dispensing medications and providing health-related counseling and on-site health screening.

All student visits to the Jr.-Sr. High School Health Office are documented. You are welcome to call if you'd like information regarding your child's Health Office visits. Also, if we have concerns regarding your child's health, we'll give you a call. ☑

Emergency Health Contact Forms

Emergency contact forms are given out at the beginning of each school year. It's very important to fill out this form and return it to the health office as soon as possible. Please be sure to indicate more than one contact person; this is very important in the event of an emergency involving your child.

When there are changes in your child's health, or changes in contact names and phone numbers, please call the Health Office so the information can be updated in the school's records. ☑

Physicals

Physicals are required for all students in grades seven and 10, any new student entering the district and students who are participating in sports. Physicals are also required for those newly referred to CSE (special education) services and students who are having triennial CSE reviews.

Physicals can be done by the school physician (Dr. Robert Nielson) or by your child's regular physician. If physicals are done in school, any health problems that do not fall within normal limits will be reported to you.

If the physical is done outside the school, the parent will need to provide the Health Office with a copy of the physical form.

By law, physicals must be done by a New York State physician within 90 days of a student entering school. ☑

Sports-Related and Gym Information

Sports physicals done by personal doctors must be reviewed by the school physician. Completed physical forms for physicals done outside school must be turned in to the Health Office in a timely manner to avoid delays in sports participation.

If your child has a medical excuse that prevents him/her from participating in interscholastic sports for five or more days, he/she must be reevaluated and cleared for participation by the school physician before returning to the athletic program.

Regular gym class participation is expected. However, if your child needs to be excused for medical reasons, a note from the personal physician or a one-day parent excuse should be given to the Health Office. ☑

Hepatitis B Immunizations

Within the last few years, new laws have been passed regarding Hepatitis B immunizations. Students born on or after January 1, 1993 and all students entering seventh grade must have this series of immunizations. Your child's attendance at school is contingent upon up-to-date immunizations. ☑

Screenings

Schuylerville Jr.-Sr. High School students are screened every year for vision problems. Hearing screenings are given to students in grades seven and 10 and also to students in special education programs. Scoliosis screening is done for students age 16 and younger.

If any abnormalities are found, you will receive notification and a referral form to take to your child's physician. Please request that this referral form be completed once the doctor has tested your child. The form should be returned to the Jr.-Sr. High School Health Office. ☑

Medications

Any medication that has to be given in school – or during school activities, even if it's over-the-counter (non-prescription) – requires a doctor's order and written permission from a parent.

All medications must be brought to school in the original containers. The instructions on the label must match the written instructions provided by the physician. Medications cannot be dispensed unless the two sets of instruction match. Problems with this policy can often be solved with a phone call to your child's physician.

If your child needs to take medication during a field trip, please try to provide an extra labeled

container (empty). These containers are typically available from your pharmacist.

Any medications that may be needed while participating in interscholastic sports, such as those for bee stings or asthma, must be given to the Health Office prior to the sports season. Unless your child has an order to keep this medication, the coach will keep the medication in a first aid kit. Please be sure to inform the Health Office of any changes in your child's medication. ☑

Family Assistance & Free/Low-Cost Health Insurance

The Jr.-Sr. High School Health Office staff is available to help families numerous ways – from obtaining needed eyeglasses and other health-related items to providing holiday gifts through the district's Caring and Sharing Program.

We can also assist you in obtaining health insurance for your child. Free or low-cost health insurance is available for most uninsured children under age 19 living in New York State. Two programs are available – Medicaid and Child Health Plus. Your child may be eligible regardless of how much your family earns or your child's immigration status.

Please call the Jr.-Sr. High School Health Office for more information on these insurance programs or to obtain the necessary forms. You may also contact Wendy Lucas at 580-2002. Ms. Lucas helps guide families through the insurance application process. ☑

